

Breakfast Menu

**Breakfast is served between
8.15 – 9.30am**

from the buffet:

Fruit Juices, Grapefruit, Prunes, Fruit Yoghurt, Greek Yoghurt

Selection of Cereals, Fresh Fruit salad

Porridge on request

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Cumbrian Cooked Breakfast of Grilled Waberthwaite Bacon
& Cumberland Sausage, Mushroom, Tomato and
Free Range Eggs from Scales Farm– Cooked to your Liking

or

Grilled Craster Kipper with Brown Bread & Butter and Lemon

or

Scottish Salmon smoked in Cumbria with scrambled eggs on toasted brioche

or

Our Daily 'Lighter' Alternative

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Toast with a selection of Home Made Preserves

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Teas:

Breakfast Tea, Earl Grey, Camomile, Peppermint
or a selection of Fruit and Herbal teas

Coffees:

Cafetiere of Louie Mio ground coffee or
Decaffeinated Coffee